

The Sea Gull



Lakeside Terrace, 24 Sunrise Lane, Fruitland Park, FL 34731 March, 2022

www.lakesideterrace.net seagull_news@yahoo.com

Monday

Exercise with Peg 7 AM - 8 AM

Water Aerobics 11 AM

WII Bowling 1 - 3 PM

Bingo 5 - 9 PM

Tuesday

Chair Yoga 9 AM

Billiards 1 PM

Golf at Plantation 1 PM

Bid Euchre 1:30 PM

Wednesday

Exercise with Peg 7 AM - 8 AM

Sew Birds 9 AM - 2 PM

Euchre 9:30 AM - 12 PM

Water Aerobics 11 AM

BOWLING at AMF Leesburg 12:45 PM

Not Your Grandma's Bingo 6:30 PM

Thursday

Shuffleboard 1 PM

Mah Jongg 1 PM

Friday

Exercise with Peg 7 AM - 8 AM

Chair Yoga 9 AM

Water Aerobics 11 AM

Grandma's Bingo 11 AM

Book Club 2 PM (2nd Fri.)

Billiards 1 PM - 4 PM

Sunday

Tripoli/Pennies 12:30 PM

Billiards 1 PM - 4 PM

Euchre 6 PM



Managers Corner



Happy March to all, I am so happy to hear that our COVID numbers are finally going down and people are out and about. It is so nice to see you guys walking around and the

giggles that come from different activities bring a smile to my face.

I wouldn't want to miss this opportunity to remind you all of the community rules. Page 1 number 5 - Only tenants' **cars** may be washed in the park. Speed limit not to exceed 15 miles per hour. **NO parking of vehicles on lawn or roads - please note the definition of vehicle** - noun - **a thing used for transporting people or goods, especially on land, such as a car, truck, or cart. We do have plenty of parking spaces around the clubhouse if needed.**

No major repairs or overhaul of cars, boats, etc., is permitted on homesites or roadways. No airboats or motorcycles. Mopeds or golf carts must be approved by the Resident Manager. No vehicles other than the family's only transportation shall be parked in driveways. Commercial vehicles, campers, travel trailers, boats, etc., shall be kept in the designated areas only. I'm sure as you all are walking around the community you've seen the violations of these rules. I have had a few people bring them to my attention. Hopefully with this reminder it will become a moot issue.

For those of you who have a boat slip, if you need cleats please contact me to set up a time for Tommy to install them or give them to you.

Thank you.
Hope Clark
Administrative Assistant



Spring is here. Well I think it is Spring, hard to tell in Florida. Used to be easy. Spring for me was 4 weeks of mud. Rain would be nice, but I don't see any in the forecast. Did get a posting from a friend of mine back in Michigan reporting that one of the snowmobile trails was going to be unusable for a while due to 8 foot drifts and -20 degree temps, considered unsafe for maintenance. Kind of puts things in perspective. Since I don't have to worry about freezing pipes I can now focus on the stock market and gas prices. Whew!! I feel better already!

Been kind of a slow month for your HOA as we get the new Board up and running. There is a learning curve for the new members and adjustments for the veteran ones. Unfortunately, we had a resignation during our first month. Bob McDermott resigned during our first meeting. I had really hoped he would change his mind. In the end it was his decision. I want to thank Bob for getting involved and offering his services. So, we have a opening on the Board. Looking for volunteers. You do not have to stand for election; this will be by appointment and only until January of 2023. If interested, please let a Board member know as our next meeting is March 8th at 10:00 AM in the Clubhouse.

Other news: I will presume most have heard of the dinner being sponsored by ELS. Apparently being scheduled in March. This was an item that was worked out by the Negotiating Committee during the 2021 session. 1st VP Kim Desrochers is coordinating with ELS in setting up the details.

Tie-Down certificates are in process. Treasurer Will Johnson is continuing to monitor and work with the contractors on the certificates.

An item of discussion at our last Board meeting is





what goals should the HOA have for this year and on into the future. Common ideas is to keep improving on communications and relationship with ELS. Another is to increase the number of residents who are registered on the HOA membership roll. Another goal is to work at setting up a common community calendar for HOA, Social Club and ELS activities. ELS maintains a calendar via one computer program, and Facebook has a calendar that both Social Club and HOA could use. Coordinating with ELS is the issue. In furtherance of the these ideas is the need for member input. Going to try to set up a survey to gather opinions and ideas. Stay tuned.

During the Negotiation process and the By-Laws process we became aware of the need to have legal counsel. Unfortunately, they apparently cost money (who knew)? Anyway, the HOA Board is considering developing a relationship with a local firm to obtain advice and guidance on issues on an "as need " basis. One firm that has a large HOA clientele has shown an interest, and is willing to provide a presentation for the Board.

The Board will continue to have Board meetings on the second Tuesday of each month at 10:00 AM. Which are of course open for members to observe. There is always an agenda item for open discussion where members can comment and ask questions. We also decided that general meetings are needed more often then just once a year. We are looking at January, May and September. These are not cut in stone yet.

Committees: The HOA is trying to develop more efficient ways of dealing with Park issues, serving the members, and garnering more input from the members. Several ideas for committees have been discussed. Negotiating and Nominations committees are standing committees required in the By-Laws. Currently Kim Desrochers is remaining as the chair of the Negotiating committee along with Deborah Brown and 2nd VP, Joe Feltner. Nominating committee is still chaired by Carol Roberts. The Board is currently developing a Library committee so that when the Library is finished we can hit

the ground running. A few more ideas for committees are a Property committee. This committee will monitor problems within the Park infrastructure that need to be addressed. Rules committee: the current rules for the Park are outdated and need to be reviewed and addressed. There may be other ideas that are out there that haven't been proposed yet.

I think that will do it for now. Next Board meeting is March 8th at 10:00 AM. All are welcome. Also if you have not registered with the HOA please contact the Board, pick up a form on the bulletin board in the Clubhouse or email for information.

Robin Sexton, Pres.

Lakeside Terrace HOA

lakesideterracehoa@gmail.com



ELS DINNER

Mark your calendars for the ELS dinner on Tuesday, March 15th. More information to come as details become finalized at the kiosks, clubhouse and on our Facebook page.

SOUP & SALAD LUNCHEON

Come to our Soup & Salad Luncheon on Sunday, March 6th at 1 PM. This is also a fundraiser to help cover the costs of the Seagull newsletters and phone books.

Like many goods and services our costs have doubled this year which usually had been covered by our advertisers. A \$5.00 donation is suggested.



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Darlene Stodola

Dianne Zellem is the new owner of #2 Lakeview Drive. Dianne moved to Florida 17 years ago from Lansing, Michigan. She was a snow-bird until 5 years ago. She and her husband had been living near the Kennedy Space Center in Titusville, Florida where she could see all the rockets and shuttles sent into space from her home. She said one of the neatest experiences was when the huge 747 aircraft taxied past their home with a shuttle on its back. The pilot tipped his wings coming and going at them. Dianne's husband passed away in 2015.



Dianne has 2 sons, Jack and Jeff, and 2 grandchildren, Jayden and Nellie Jean. Diane also has a service dog named Buddy, and 2 cats, Orio and Cora Bell.

One of Dianne's careers was as a furniture sales person for 12 years. After that, she had a career as a City Bus driver in Lansing for 8 years.

Dianne has a twin brother named Dennis. There were 7 children in her family with 2 sets of twins. Her sister Penny Rajala is a resident here at LST on Lake Griffin Drive. Dianne visited Penny and Ken many times through the years and always liked LST. She says she loves it here because the people are so friendly. She also really likes her house since it is a very spacious home.

Dianne enjoys card games and really loves table top shuffleboard. In fact, she is a professional table top shuffleboard player and has been on traveling teams

and won many tournaments.

Dianne's birthday month is April and her phone number is 321-684-9894. Welcome Diane to LST.

Don and Debbie Boyd are the new owners of #87 Lake Griffin Drive. They moved here from Dayton, Ohio and will be snowbirds for now. The Boyds had been visiting our park for many years. Their Aunt Dorothy Burton is an owner in our park on Driftwood and their cousins, Mac and Mary McMonagle lived here for a while. They also knew many of the other Ohio park residents including Henry Hauss, and Paul and Kim Thurman.

Don retired from his manager position with Waste Management at Dayton, Ohio in 2018. He worked for the same company for 30 years.

Debbie retired from Northern Public Schools where she also worked her whole career. She drove the school van for the handicapped students and also was the playground supervisor of the K-5 students.

Don and Debbie met at a surprise birthday party for Don in 1974 when a friend of Don's brought Debbie along to the party. They've been together ever since. Their wedding anniversary is October 25th. They have 1 son, Josh and 2 grandchildren, Marissa and Zach in Dayton, Ohio.

The Boyds have a camper at a lake in Brookville, Indiana where they enjoy the fishing. They enjoy the activities here at LST including: Bingo, Not Your Grandma's Bingo, and card games. Don also plays Texas Hold'em at the American Legion in Fruitland Park on alternating Wednesday nights.

Don's birthday month is March and Debbie's is July. Their phone number is 937-608-6857. Welcome to LST.

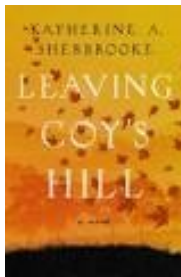




Turning Pages

Carol Roberts

Late winter and early spring encompass the months of February and March, when Black History Month and Women's History (or Herstory) Month are recognized. Last month I recommended a novel by an African-American woman author about two black sisters. This month, I've chosen to offer an historical novel by a woman author about a real woman crusader. ***Leaving Coy's Hill* by Katherine A. Sherbrooke** fictionalizes the real life of nineteenth century abolitionist and suffragist Lucy Stone. I thought I might have heard of Lucy Stone, but actually it was her sister-in-law Elizabeth Blackwell whose name I recognized—as the first woman in America to earn a medical degree. Lucy Stone's story remains obscured by the notoriety of her compatriots Elizabeth Cady Stanton and Susan B. Anthony. However, Sherbrooke offers an intimate, moving, and inspirational view of this strong and powerful woman's life.



Lucy Stone was born in 1818 into a New England farm family. At a young age, though, she was galvanized on a course of action that would lead her to become a nationally-known speaker for both the abolition of slavery and the securing of women's rights. On her 18-year-old cousin's wedding day, the groom sold his bride's beloved horse, placed her in his carriage, and drove her away from her family—all of whom accepted the cruelty of his betrayal and the subsequent anguish of the young girl who had hoped for love in her marriage. As Lucy's mother told her, the husband had a perfect right to sell the horse. It belonged to him, as did Lucy's cousin and all her belongings. Lucy Stone swore in those moments never to become a man's chattel, never to marry, as she saw it.

Lucy's father was a staunch abolitionist, yet could not see that women too were deserving of dignity

and self-government, a stance that both galled and puzzled the young Lucy and finally estranged them for most of her life. Denied an education by her father, Lucy determined to earn her own way through college, graduating from Oberlin College in 1847. Earning that degree required both sacrifice and struggle. Separated from her family's support, Stone fought to attend classes deemed "fit only for men." Upon being invited to write a commencement address, Stone was told that a male classmate (of her choosing) would read it for her! She refused the "honor."

After graduation, it was her eventual employment by former slave and abolitionist speaker William Douglass that led to her career as a speaker of national renown. After several years of travel and speaking on behalf of the abolitionist movement, Stone met Elizabeth Cady Stanton and Susan B. Anthony and began to devote her energies to women's rights. The remainder of her speaking career saw her continuing to struggle against the oppression of both women and blacks, up to and beyond the Civil War. Although Stone married in her thirties, she remained true to the decision taken in her young life. She and Harry Blackwell (brother of Elizabeth Blackwell) wrote marriage vows that explicitly declared them to be independent partners in their union, managing their own money, assets, and affairs, and Lucy Stone did not take her husband's name. Stone and Blackwell made a success of their unusual marriage, despite personal and professional difficulties, and worked together on each other's projects—hers women's rights and his real estate investment. Stone continued to travel alone across the country, from New England to Kansas, speaking in support of women's rights.

It was a philosophical disagreement that caused Lucy Stone to divorce her efforts from those of her friends and fellow suffragists Stanton and Anthony. The women formed two separate suffragist organizations, although the two groups were later reunited. It was this disagreement that allowed Stanton and Anthony to frame the Suffragist Movement in

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their own terms, leading history largely to overlook Lucy Stone's contributions. In 1848, Stanton did not even invite Stone to Seneca Falls, site of the first Women's Convention. Nevertheless, with the support and aid of her husband, Stone went on to found the American Woman Suffrage Association, to start and edit its publication *Woman's Journal*, to help organize the 1850 first National Women's Rights Convention (followed by seven others,) and to give the final major speech at that convention, declaring that women "want to be something more than the appendages of society . . ." By the end of her life, in 1893, Stone had witnessed the abolition of slavery but not freedom for women.

When I started this novel, Lucy's story was an unfamiliar one. By the end of this book, though, I felt as if I know Lucy Stone personally. Sherbrooke developed characters the reader can care about and feel close to. Her characters are the kind you think about when you are not even reading the book; they elicit deep empathy and involvement. Maybe this is because the characters are real historical people, but I have to assign a great deal of credit to the author's skill in imagining the inner workings of these women and men. The research behind this novel is also evident and very carefully woven into the imagined considerations and internal struggles of the characters. The cultural-societal-biological struggle women still face today is seen from a totally different perspective next to the responsibilities and tasks of 19th century women. Sherbrooke's depiction of 19th century men, both those who enable Lucy and those who attempt to derail her, reflects the very real conflicts Lucy had to feel—love and respect along side resentment and disillusionment. I really liked this novel; my only caveat is that the ending was drawn out. But as one reviewer put it: ". . . I [can] see [that] the author was reluctant to leave her heroine behind, as I certainly was." And I wholeheartedly agree. It was my total pleasure to have made the acquaintance of Lucy Stone.



Focus on Health

Mary Burel

"If you focus on sickness and disease, you get sickness and disease. If you focus on health and the activities of building health, you get health."

What is your health worth to you? Would you even trade it for a \$15,000,000 check if you had to remove your limbs? Probably not. Health is your biggest asset. Good health and the ability to live life on your terms in the ways you choose isn't complicated. No one will take better care of you than you.

Are you taking charge of your own well being or have you opted into the medical system that currently flourishes in our country? Mistakenly it's titled health care when in reality it's a massive sick care system. When do you enter into the current system? Only when you are sick. Almost 34% of Americans are obese. We have more chronic lung disease, heart disease, and diabetes than almost anywhere else on the planet. Our life expectancy is 53rd in the world. Although a drug or surgery may save a life in a crisis the side affects and lack of fixing the cause of the problem leads to deaths. Building health is up to you. Big Pharmaceutical and big food want you sick and addicted. They profit off of you when enter the system.



But you can take action and take charge of your health. Empower yourself with tools and take the path to change your life and health.

How, you ask, do I get back in shape, implement a solid exercise regimen, correct the cause of my ailments, experience less stress, get off medications, and live up to your full potential? Your health is not a program, it's a climb. Programs are short-lived and have an end date. You want the Habits of a healthy person. Imagine your life feeling strong, having endless energy, and looking forward to each day. It can be yours when you desire the outcome of being healthy more than the short-term pleasure of food and laziness. By elevating one's thinking and per-



spective. Know you can change your state of health with a decision and desire. You have a purpose in the world and God isn't done with you yet.

How do we decide if we're healthy? The average person judges health by how they feel, walk, move, and do their activities.

Secondly, people decide by how they look compared to TV, magazines, self-help guides and their images and assume looking fit is healthy.

Third, people analyze their health with tests to see what comes back positive. But could you look good, feel good, and pass your physical but still have heart disease or cancer? For sure, it happens to thousands every day.

Symptoms start showing up at around 60% of functioning such as when your blood pressure or cholesterol is off or you're depressed or you have migraines.

There are three ways to approach symptoms.

Option 1 - Ignore the symptoms until you're forced to act on them.

Option 2 - Cover up the symptoms which act like the check engine light in your car. It's the warning sign our bodies are giving out. What does our sick care system do but give it a drug or do surgery. But every one has deadly side effects. Symptoms are a warning sign. If you go to the doctor and have no symptoms he sends you home to wait till you get sick.

Option 3 - Get to the cause and build health. Who is the greatest doctor in the world that can help you? No man can understand the miraculous and intelligence happening in you. There's nothing on the outside that can give you health. The food supplements, exercise, and drugs do not do the healing. They're beneficial because the doctor on the inside uses them to build health.

"Greater is He that is in you than he that is in the world." 1 John 4:4

Building health is real health care and the key lies in the power inside each of us. When something isn't healing and your mechanisms to heal aren't working, something is interfering. The doctor on the inside can't do it's job. So the key is to find the cause of the interference and remove it.

There are three main causes of interference in your health. Once you remove the interference you get to experience real health.

Briefly, #1 Thoughts - are they causing you stress? Is there negativity, emotional strain, depression?

#2 Toxins- the more toxicity in your body the more the internal doctor isn't able to do its job. Are lack of exercise and food your sources of toxicity? Also what toxins are you constantly exposed to?

#3 Traumas - it's the number one missing piece in health care today. Damage to the body's tissues blocks the healing power of your nervous system and can build up over time.

When you remove the interference from these "T's" the body heals every time.

Remove what you don't need in life, give your body what it needs and it will be healthy.

My source: "Livingood Daily " by Dr. Blake Livingood.

Ladies of Leisure & Red Hats

Karen Keenan

The February monthly luncheon was held at Rodello's Restaurant and was enjoyed by 26 ladies of the community. The food was delicious and the conversation and companionship was enjoyed by all. The March luncheon will be held on Tuesday, March 22nd instead of March 15th due to the ELS dinner scheduled on that date. Watch for details.

Seven "Red Hatters" attended a presentation at the Bay Street Theater in Eustis on February 27th and the monthly breakfast was held at Perkin's on February 28th.



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MARCH



Irish Birthday blessings go to Rich Aniol, Don Boyd, Bob Covell, Shirley Cruse, Lori Dashiell, Sue Furry, Carol Hetherington, Jim Holthus, George Kelley, Rick Kinser, Kathy Kowalski, Cheryl Miller, Ann Reeves, Buck Ross, and Nancy Vollmer.

May you live a long life,
Full of gladness and health,
With a pocket full of gold
as the least of your wealth.
May the dreams you hold dearest
be those which come true.
May the kindness you spread,
Keep returning to you.



Anniversary wishes to Phillip & Pamela Smith
and Grace & Pat Hetherington.

An Irish Marriage Prayer

May love and laughter light your days
and warm your heart and home.
May good and faithful friends be yours
wherever you roam.
May peace and plenty bless your world
with joy that long endures.
May all life's passing seasons
bring the best to you and yours.

St. Patrick's Day Treasure Hunt

Dianne & Darrell

"Top O the morn" All L.S.T.

I've some sneaky fun for all of Ye.
Its a hunt for me treasure, me Pot O Gold,
a chance to be rich before Ye grow Old.

I've split me treasure into pots of Ten.
I'll post clues to find them with where and when.
It will all come together this St. Patrick's Day,
the 17th of March which ain't far away.

There'll be clues in the kiosks
for those who can read,
and printed copies for those in need.
I'll also post them on Facebook on line,
on the LST page, that should be fine.

If you thought the last Treasure Hunt was easy,
I'm here to tell you it won't be no breezy!
For a Treasure this rare should be hard to find,
and I promise you the clues won't be kind!

I'll have the clues ready on March Ten,
at Ten: that morning is when I'll hit send!
Hold onto any Treasure that Ye find,
and PLEASE One Treasure
per household I do remind.

Good luck to one and good luck to all,
We'll pay off your Treasure in the Clubhouse hall.
See you St. Patrick Day with your Treasure,
to see everyone happy has been Me pleasure!





LST Web page

Rich Aniol

Check out the activities that have been going on at Lakeside Terrace. Recent ones and from years ago. Also read the Seagull Newsletter online at www.lakesideterrace.net

If anyone has anything that they would like to share with the rest of our community or if anyone has any new ideas or comments for the Lakeside Terrace web page, lakesideterrace.net, please let me know and send it to me at LTseagull@aol.com. Please include your name. If you would like to be added to the Seagull Newsletter mailing list, or removed from it, just send me your email address and name. You could email me from the Lakeside Terrace website and also get the newsletter there:

www.lakesideterrace.net

I Have a Dream!

George Bagley Storage Shed Committee

Let us know if interested

Don, Darrell, Dave, Carol, Tom, Jim



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