

The Sea Gull



Lakeside Terrace, 24 Sunrise Lane, Fruitland Park, FL 34731 April, 2022

www.lakesideterrace.net

seagull_news@yahoo.com

Monday

Exercise with Peg 7 AM - 8 AM

Water Aerobics 10 AM

WII Bowling 1 - 3 PM

Bingo 5 - 9 PM

Tuesday

Chair Yoga 9 AM

Produce Man 11AM

Billiards 1 PM

Golf at Plantation 1 PM

Bid Euchre 1:30 PM

Wednesday

Exercise with Peg 7 AM - 8 AM

Sew Birds 9 AM - 2 PM

Euchre 9:30 AM - 12 PM

Water Aerobics 10 AM

BOWLING at AMF Leesburg 12:45 PM

Not Your Grandma's Bingo 6:30 PM

Thursday

Shuffleboard 1 PM

Mah Jongg 1 PM

Friday

Exercise with Peg 7 AM - 8 AM

Chair Yoga 9 AM

Water Aerobics 10 AM

Grandma's Bingo 11 AM

Book Club 2 PM (2nd Fri.)

Billiards 1 PM - 4 PM

Sunday

Tripoli/Pennies 12:30 PM

Billiards 1 PM - 4 PM

Euchre 6 PM





Managers' Corner

Thank you for a great season. Snowbirds, be safe in your travels to your northern homes. See you next fall.

Hope Clark

Administrative Assistant

Thanks also to Hope and Tommy for all their work to make Lakeside Terrace a pleasant place to live.



Deb Brown, President, Social Club

It's Spring! I know, in the Sunshine State it's not as exciting as it is in the northern climes, but after a couple of freezes, it's refreshing to see new growth and buds on plants. I've always loved Spring because of the tantalizing smells (especially lilacs which I miss) and the promise of rebirth.

April is a busy month for our community. In addition to regularly scheduled activities there will be a Poker Run April 1, Social Club Meeting April 5 and our annual Easter Dinner chaired by Sandi Serdar April 17. Our Snowbird friends will be leaving for a few months and we have new neighbors to get acquainted with and welcome into our fold. If you're out and about and see someone you don't recognize, please stop and say "hey"... Maybe tell them about our Facebook page and invite them to a Social Club meeting or event.

Enjoy your April!



Federation of Manufactured Home Owners of Florida

Karen Kellen, LST FMO representative

On March 17th, 2022 I attended our monthly FMO meeting at the Woodlands Community. It was a well attended meeting. We were fortunate to hear from our guest speaker, Nancy Black Stewart, who has been and still is our FMO Legislative Counsel for the past 20 years. Nancy lives and works in Tallahassee, Florida. This is where the legislative committee meetings are held. Presently, 40 House representatives and 120 Senators preside there. Nancy is FMO's guard at the front door. Our park was fortunate enough to be recipient of the tie-down program, however 44,000 people on the waiting list have not, and the tie-down program was in danger of being eliminated. Through Nancy's diligent efforts and the many letters written by FMO members to their representatives, Nancy was happy to report that the tie down program has been extended for another 10 years. In addition the legislators added 7 million dollars to the program to aid the wait list. So, why is it important to belong to the FMO? If you do not have an FMO you have no guard at the front door.

The FMO takes a break from meetings in the summer. The next meeting will take place on Thursday, November 17th from 12:30-3:00 pm. Location is yet to be determined. I wish everyone safe travels if you are returning up north. Have a great Summer.

Many Thanks to all who donated to the soup and salad fund raiser to help cover some of the printing costs of the Seagull newsletter and the phone books. We raised \$301, enough to cover the cost of the phone books





Home Owners Association

I presume many of our members are getting ready to head out for the summer. Please keep in mind stuff happens down here while your are gone. Try to find someone here to keep an eye on your place. If you can make sure someone has a key or a way to access your home, that could be very helpful. You also need to keep your lawn maintenance up, so don't forget that. This is a great time to make sure the HOA has your contact information. Last summer we had several homes damaged by winds. We were able to contact these members and let them know so they could make arrangements. I wouldn't count on Management. One big concern is water leaks. We have expensive water and FGUA doesn't really care about how much you may accidentally use. All homes should have a master shut off under their skirting. This should obviously be turned off. Here is the problem, any leaks on your side of the water meter is your responsibility. FGUA is real helpful in setting up payments for those leaks, which can be hundreds if not thousands of dollars. Personally, I turn off the water at the meter. Many of the home supply pipes or irrigation lines are pretty old and can leak. Kind of like our old, recently broken, "pipes".

Updates - We have a Library committee! No Library though. Still have no word from Management as to the status. Part of the problem is we have not been able to get a meeting with management. They did pay for a party for us though. Hope everyone enjoyed the food and the conversations. The food was catered by Mission Barbecue, My wife and I will be going

up to their restaurant and seeing what else is on their menu.

We are putting together a committee to monitor issues within the Park, structures and amenities, not individual homes. That is Management's job. This park is getting old, and as we all know, as things get older, maintenance takes on a bigger role. If we can catch problems early, maybe we can prevent long term losses, such as the Library. This committee will monitor, take complaints from residents, and then assess the severity. These issues could be safety, maintenance, or even appearance. They will then give the information to management and monitor the status. These issues can then be brought to attention to higher management, if need be, by the HOA, during negotiations, or the annual Wish List. We plan on appointing the committee at our next Board meeting.

Speaking of Wish List, I want to thank everyone that participated in the recent survey. The results were interesting and will help the Board focus on issues in the Park. We know some of the items in the Survey are "non-starters" with Management. However, we can look at the underlying problems that could address the designated need. This is also where your Prospectus kicks in. The Prospectus lays out the amenities and services that Management will provide. Example, the Prospectus lists a horseshoe area. I don't think I have ever seen anyone playing horseshoes. But Management has to provide it and it can't be changed except by an agreement with the State Regulators. This requires time, money, lawyers, etc. The "Top 5" from the survey: Automatic door for Clubhouse, Dog Park, Park-wide lawn service, Trash dumpster, and Gates at Park entrances.

Tie Down reports still have not arrived. HOA

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Secretary Will Johnson has been staying on this. Lost in the mail? Who knows. This is another good reason to make sure the HOA has your contact information — In case the reports don't show up until after you are gone.

Finally, back in July last year Wintergreen Dr., Terrace Dr., and Clubhouse Dr. were paved over. The HOA noticed that some of the residents' driveways were a couple of inches out of level with the new surface. We reported this to the Park Manager immediately. They were inspected and the Manager didn't see a problem, but last week they were repaired. "Better late than never"?

Next Board meeting is Tue. April 12, 2022 at 10:00 AM in the Clubhouse.

Almost forgot, we have a new Board member. Jim Filbert is back on the Board and will fill his long-time position as Treasurer. He isn't really new, kind of "same ole same ole". But it's really good to have him back.

posting an excellent public review.

I would like to give thanks to my ELS counterparts: Tom Wetzler (Regional Manager) for agreeing to the dinner and paying for it, and Cinda Wilson (Community/Area Manager) for being my constant contact and friend. I've really enjoyed getting to know these two and working with them. Positive communication always leads to better results. Moving forward, I have faith in these continued positive relationships.

I would like to thank my Negotiations' teammate (and Mom), Deborah Brown, my Daughter, Chloe, and my fellow HOA Board Members and their wives for helping me serve and clean up as well. Thank you, Robin & Cherie Sexton, Will & Donna Johnson, and Jim & Regina Filbert. Thank you to Sue McFadden who helped clean up when I was delivering meals as well. You are so appreciated, all of you!

A big thank you to our Maintenance Man, Tommy, who picked up the desserts and the drinks as well as set up all of our tables and chairs. He is amazing! A big thank you to Hope who also was a huge help and in constant communication with me about anything we needed.

Friends, it is my pleasure to serve as your Negotiating Chair. It has been an honor to work hard to gain "wins" for you and for the park. I appreciate the trust you all have put in me.

Kimberly Desrochers
1st VP, Lakeside Terrace HOA



Negotiations Update

On Tuesday, March 15th, the Negotiations Team hosted a lovely dinner for Residents in our community clubhouse from Mission BBQ, graciously sponsored by ELS. This dinner was a good will gesture worked out between the Negotiators and the ELS team. We had about 120 people including some home deliveries to various folks in our community who were unable to make it due to either illness or disability. All in all, the dinner was a great success! Everyone seemed to really enjoy Mission BBQ. I reached out to Mission BBQ and thanked them personally, as well as

CAUTION

Most of us have noticed the number of water main breaks this year throughout the park. Because those pipes are old and only two feet down, it is important that we avoid parking on the grass. So let's be careful in the future where we and our visitors park.



Fix the Interference To Good Health of thoughts, toxins, and trauma

As we fix our focus on our health, we learned we have to fix the Interference to good health. The main interference is from our: 1. Thoughts in dealing with the stress in our lives that impact our joints, digestive system, and the functioning of our organs. How are we dealing with the negativity, emotional strain, and depression that limit our bodies ability to function? 2. Toxins are an Interference that get into our bodies and limits the “doctor on the inside” from doing its job. The two main sources are the foods we eat and lack of movement. As Americans we’re exposed to 50,000 chemicals used to process products we purchase and use in our homes. We take 4 billion prescription drugs a year and 10,000 toxins are used to process, make, and grow our food.

The third is trauma to our bodies that damages our tissues, spine, and joints that limit our movement, and cause pain. Trauma to the spine especially adds up over time and blocks the healing power of our nervous system to get our body to heal.

Our thoughts: As a plant grows we adjust where it grows so we can do this with our body. If stress in our thoughts is taking a toll we can adjust our response, not try to manage what comes into our lives, with a calm sound mind. A couple techniques to be calm is to look at your perspective, take a deep breath, and think.... you woke up today, look around at what you have and can do. We have so much to be grateful for. So gratitude and a focus on what is positive in our lives is a great remedy for stress. We are not guaranteed tomorrow, that’s why today is called the present. Put all things into perspective, be grateful for what we do have, and give the rest to God.

The other response to stress is to put on the brakes. The technique of breathing can regulate your nervous system and actually improve your heart rate variability in a situation. One method is to do paced breathing for two minutes. It’s a deep breath in for



5 seconds and a breath out for 5 seconds. You’ll be getting more oxygen into your system for calming.

Boxed breathing is a technique to breath in for 4 seconds, hold 4 seconds, breathe out 4 seconds, and hold 4 seconds. Research shows mindful breathing can work to reduce stress. While our thoughts are a programmable response to our environment, it can be improved like a muscle with training. Our brain can use a good workout to stop the stress and focus on the good.

Toxins in our food and environment pack a wallop on our health for better or worse. Our nutrition to heal and help our bodies must come from real food. Food by God, what he has put here in its purist form to enjoy, is the healthiest. Fake fun food by man can be extremely toxic and interferes with the function of our liver, kidneys and digestive system. We can become addicted to such things as sugar and alcohol but they can be replaced by healthier alternatives. Eating healthy is easy, being sick is hard, so having a big why to experience real health makes the how easy.

There are five C’s to do to fix your food choices:

1. Cut the sugar
2. Crank up the fat
3. Clean up the protein
4. Care about nutrients
5. Curb your consumption



1. Sugar: we eat more sugar than we know because it’s hidden in so much processed food and drinks. Sugar can be more addictive to our brains than cocaine. One fact is many cancers feed on sugar. Also, excess weight we carry around isn’t fat, it’s sugar stored from eating excess during the day. To reduce the sugar and get back in balance we must find the fake food carbs and hidden sugars. Foods to avoid are: breads, grains, rice, pasta, cookies; anything made with flour, and grains.

Avoid soda, alcohol, and sugary drinks, including fruit juices. A lemon or lime slice in your water is an ideal substitute.

Avoid tubers and minimize carrots as they turn into sugar.

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Avoid any ingredients ending in -ose, such as fructose, which can be found in mayonnaise, dressing, yogurt, etc. All sweeteners, especially artificial ones, should be avoided as they're disrupters to our systems. This can be a guideline to establish new habits which take between 21 and 30 days to form and will help to reach our health goals.

2. Crank up the fat. Our bodies use fat as a fuel. You need fat to burn fat. Most of our cells are made of fat. Up to 60% of our brain is fat. Healthy fat is essential to our health, bad fat is toxic. Fat is not the cause of heart disease, sugar is. If you stop eating sugar your body can burn the excess fat you carry but you need to eat fat to spark the fat burning engine. What fats are healthy? Avoid all rancid fats, margarine, shortening, corn, canola, and vegetable oils, soybean oil, and hydrogenated oils.

Use pure olive oil for salads, avocado and coconut oil for cooking, and organic butter.

Avoid roasted nuts and seeds; instead add almonds, raw walnuts, flax and sesame seed, pecans and coconut along with their milks and butters,

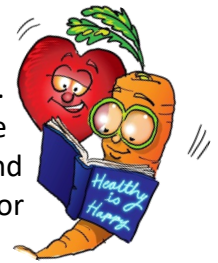
Avoid all milk and dairy products. Instead substitute coconut, almond or cashew milk, and their products. Increase healthy fats with avocados, olives, nuts, seeds, nut butters, clean meats and eggs. 3. Clean up the protein - women should eat 15 -20 grams per meal and men need 20 - 30 grams per meal. It is so important to have clean protein. The main sources should be beef, chicken and wild fish. Make sure your beef is grass-fed and organic. The bio accumulation of toxins is way higher in a 2000 lb. cow that is fed grains and gets sick from being pumped full of growth hormones and then is given antibiotics. Look for chicken that is a free-range variety, not the one in a coop with 10,000 others being fed artificially to make them grow bigger faster. Eat wild caught fish, which will consume what they're designed to without toxins that are transmitted to you. Avoid farm-raised salmon or tilapia confined to a pen and fed pellets and unnatural foods. Also avoid bottom feeders which tend to eat anything, as does pork, as they tend to be higher in heavy metals and toxins. If



shrimp, scallops and clams are eaten, keep it limited.

Other proteins can come from cage-free organic eggs, raw nuts, seeds, and their butters and milk. Avoid soy products as they are the number one GMO food on the planet. The second is corn, so they are best avoided. Cleaning up protein is the first and best way to decrease toxicity in ones body. This includes whey, if you wanted to make a smoothie, and instead focus on a good collagen protein as it supports healthy skin, joints, and nails and gut health, and doesn't spike insulin.

The fourth C is care about nutrition. One way is with a nutritional smoothie in the morning that's protein-rich, and low-carb, with a handful of spinach or kale or greens and a probiotic supplement and a few berries. It can start with a coconut milk for good fats. For the rest of the day focus on adding nutrition with more vegetables at meals and opting for salads.



For your beverage focus on water, the essential nutrient, add a lemon or lime slice to it. Of course drink half your body weight in ounces every day. Constantly putting nutrients in your body will give your inner doctor the raw ingredients to work toward your best health.

The fifth C is to curb consumption which can be done by smaller portions or even intermittent fasting or eating in a small window for the day. There are many health benefits including prolonging life. Only eating foods to get your optimal nutrition may be difficult, so consider higher quality supplements. Some research has shown them to be not a recommendation but an actual requirement for the deficiencies in our soils and food supply. But we still must analyze what they contain to not ingest more sugar and toxins. The final impediment to health has been shown to be trauma. Hippocrates said

" Look well to the spine for the cause of disease ". For brevity's sake this may be addressed in future articles or you can go to my source for more in-depth information and research.



The hope of this is for you to evaluate your own health and take charge of it.

This book I referenced urges us to do a 21 day reset using these guidelines and reevaluate how we feel after more mindful eating and living. Some of us have been so off track for so long that we need to clear out the damage to move forward.

Have a wonderful summer, smile, think positive thoughts, take a deep breath, and give thanks for our multitude of blessings. ☺

Mary Burel

Reference: Dr Livingood's
"Livingood Daily"



Spring is finally here as April comes along, flowers blooming bright, and birds sing out their song. A birthday wish for you for blue skies up above and may your days be filled with family, friends, and love. Happy April birthdays to: **Jean Cherovsky, Hans Coffey, Darrell Diluzio, Trish Kedrowski, Morris Mohler, April O'Malley, Rosie Ratcliff, Todd Shields, Marty Stewart, Barb Stodola, Darlene Stodola, George Stodola, Linda Wolosyn, and Dianne Zellem.**



Another year to create memories together.

Another year to discover new things
about each other.

Another year to strengthen a marriage
that defines forever.

Happy April Anniversaries to:



**Steve and Donna Lanham, Doug & Sue Rice,
and Paul & Jeanette Valentino**

Ladies of Leisure

Karen Keenan



The Japanese Cuisine offered at the Sumi Restaurant sandwiched in between The Breakfast Station and Aldi's received rave reviews from all who attended the monthly luncheon there on March 22nd. The expansive menu offers a variety of choices and the food is very good with ample servings. The spacious dining area, cleanliness of the area, and the personable wait staff added to enjoyment. Attending were Sheri Holman, Deb Boyd, Shirley Smith, Sue Greenwood, Jean Cherovsky, Karen Keenan, June Hoffert, Deb Ludwig, Marg Bresinski, Barb Stodola, Hazel Cotzin, Peggy Wathen, Penny Rajala, Donna Johnson, Mavis Larmay, Sherry Shaw, Sue McFadden, Dianne Henry, Sandi Serdar and Judy Graham. This luncheon is held on the third Tuesday of each month at various restaurants in the area. All ladies of the community are welcome and encouraged to attend. The next luncheon will be held on April 19th, 1:00 PM, at Taki's. Watch for further info and please plan to join us.



Easter Dinner

April 17th 4PM



Come to Easter Dinner at the Clubhouse.

No cost for residents, guests \$5.00

Menu: Ham, sausage, sauerkraut, roasted red potatoes, rye bread, drinks & dessert. Bring your

favorite Easter Vegetable. Please sign up in the clubhouse by April 13 if you wish to attend.

**Call Sandi Serdar if you would like a meal
delivered to your home. (847) 414-2710**

The Sea Gull



Meet Your Neighbor

Darlene Stodola

Tina Kickery is the newest owner of 18 Lake-wood Lane. She moved here in July of 2020 from Pittsfield, Mass. Her career in the Pittsfield area was as a food service worker at the schools, hos-pital, and supermarket.

Tina has been coming to Florida for many years to visit her mom, who was a snowbird for 7 years, and then has been a permanent Florida resident for the last 7 years. Her mom lives at Lakes of Leesburg and helped Tina find her home here at Lakeside Terrace.

Tina says she loves it here. She has made a lot of new friends. Tina loves to go to the beach, play shuffleboard, and spend lots of time with her friends.



Tina has one son named Devin who lives back in Mass. Her ba-by is a 5-month-old black chihua-hua named Shy. Shy is so tiny, she wears a cat collar. There were no dog collars small

enough for her. Tina's birthday month is June and her phone number is 352-255-4749.

Hazel Cotzin and her sister, Ruth Bernier, are the newest owners of 11 Sunrise Lane. Ruth is a full-time resident and is still working. Hazel is a part-time resident. Ruth lived in Florida in Sum-merfield for 6 years and 2 years in Wildwood. When Hazel wanted to move to Florida, Hazel's daughter found her this home at our park. Hazel invited Ruth to join her here. Hazel's daughter, Holly, lives in Summerfield. They moved here from New Ipswich, New Hampshire. Ruth has 1 son and 1 daughter and 3 grandsons in New Hampshire. Hazel had 2 sons who are

deceased and still has 2 daughters. She has 9 grandchildren and 10 great grandchildren, Some are in New Hampshire and some are in Oahu, Hawaii.

She does get to travel to see them.

Ruth had a career as a Customer Ser-vice repre-



sentative in a large supermarket chain for 25 years. Hazel and her husband David spent 30 plus years in the real estate business. Hazel al-so was a local newspaper correspondent for community civic meetings and was an election reporter.

Both Ruth and Hazel enjoy craft projects such as wreath making, cat sock toys, pine cone bas-kets, quilting, latch hook projects, etc. Hazel recently finished a pink and white baby quilt with bunnies and a matching pillow with the sewing ladies' group here at LST. The blanket and pillow are for her great granddaughter. Ruth also enjoys reading when she has time.

The ladies have a gray cat named Willow who is very shy. They chose the name of the kitten be-cause it had the color of a pussy willow as a ba-by.

LST was chosen because of all the activities and amenities we offer. Lots of opportunities to make new friends and be involved in social events. They are really enjoying it here.

They have new phone numbers that are not in our newest phone book. Ruth's # is 603-247-9886 and Hazel's # is 603-213-2785. Please add them to your LST phone book.

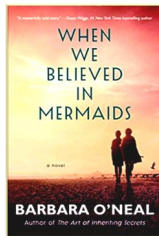
Hazel's birthday month is February and Ruth's birthday month is June. Welcome to both of these nice ladies to our LST family.



Turning Pages

-Carol Roberts

A couple of months ago, I tried reviewing books in genres. It kind of worked. I reviewed a new (to me) S-F author, but never moved along to explore any other categories. If I remember, I became somewhat sidetracked by my “sisters” theme. Now it's the April issue, and I still have not moved on to another genre. Since I'm writing this at the end of March, Women's History Month, I'm returning to my sisters theme. This novel is called *When We Believed In Mermaids*, by Barbara O'Neal.



Part mystery, part family drama, part romance, O'Neal's story is interesting, clever, and compelling. Kit and Josie Bianci grow up in southern California, daughters of married restaurateurs. Neglected by their busy parents, the sisters become victims of abuse, rape, and addiction, although they are protected as much as possible by Dylan, a teenage drifter “adopted” by their parents and who becomes a father figure to the girls. Much as he tries, Dylan cannot prevent the tragedies that overtake all of their lives: a child rape, promiscuity and abortion, drug addiction, a deadly earthquake, a suicide, and abandonment. Subsequently, Kit becomes emotionally closed off and self protective, and Josie can no longer face her own secrets and leaves for Europe, where she is killed in a terrorist attack, blown up without a trace—or so she wants her family to believe. O'Neal tells this story from alternating points of view and shifting time frames from present to past, so the reader learns the sister's back story as the novel progresses.

The book opens in Kit's point of view with a most compelling line: “I thought my sister was dead until I saw her on the evening news . . .” Watching live television, Kit sees a woman emerging from a club fire in Auckland, New Zealand. She is staggered by the woman's resemblance to her dead sister, and when their mother also is convinced that it could be Josie, Kit travels to New Zealand to investigate. Meanwhile, a woman named Mari Edwards is living a lie, keeping her past secret from her husband and children. O'Neal fleshes out her story with really lovely description—of California and New Zealand, of fashion and design, of architecture and landscape, and of food and drink. The addition of a love interest—at long last—for Kit and a mystery for Mari to explore don't add much to the plot, but it's not offensive. The “happy ending-ish” conclusion is a little too romantic, and the characters are too easily rescued from their lingering trauma, but overall the writing and the narrative choices make this a worthwhile read.

Bowling Champs

Kathy Walden



Congratulations to our Lakeside Terrace Bowling Champs—**Terrace Eagles (June Hoffert, Debbie McDermott, and Bob McDermott)**. The league celebrated the season with the new champs and a luncheon at the Clubhouse.

Doug Irish will be taking over the league next year. Hopefully he will be able to get some new bowlers along with the old ones. Thank you for all the help and support I have had in the past several years. I will still be bowling and will help when necessary.



The Sea Gull



Phone Book changes

Here are some updated #'s and addresses to our phone book.

Ruth Bernier 603-247-9886

Hazel Cotzin 603-213-2785

Joe Feltner 501 366-8314

Marty & Kathy Craft 65 Eden Dr.,

Debbie Craft 79 Lake Griffin 541-517-7160

Kelly & Ray Veilleux 66 Eden Dr,

Piccadilly Ladies of the Lake

Karen Keenan



The monthly breakfast of the Piccadilly Ladies of the Lake Red Hat Chapter was held on March 28th at Perkin's Leesburg location. New members Doris Buyarski and Carol Salmon were welcomed. Carol Hetherington was honored for celebrating a March birthday. Others attending were June Hoffert, Darlene Stodola, Sue Greenwood, Deb Ludwig, Karen Keenan, Barb Stodola, Jean Cherovsky, Shirley Smith and Cheri Presley.

The Piccadilly Ladies Chapter is an official Chapter of the Red Hat Society. The main purpose is to have fun!!!! The age requirement is 50 and over with yearly dues paid to the Red Hat Society. Events require that members be appropriately dressed in the Red Hat colors----purple clothing and a red hat. Those celebrating a birthday during the month of the event reverse the colors and wear a purple hat with red clothing. Membership in the Piccadilly Ladies is limited to a certain number.

Lakeside Terrace

Richard Aniol

Web Page:



Check out the activities that have been going on at Lakeside Terrace, recent ones and from years ago. Also read the Seagull Newsletter online at:

www.lakesideterrace.net

If anyone has anything that they would like to share with the rest of our community or if anyone has any new ideas or comments for the Lakeside Terrace web page, lakesideterrace.net, please let me know and send it to me at LTseagull@aol.com and please include your name. If you would like to be added to the Seagull Newsletter mailing list, or removed from it, just send me your email address and name. You could email me from the Lakeside Terrace website and also get the newsletter there.

www.lakesideterrace.net



On March 8th, Ron Selbe of 53 Eden passed away. Our sympathy to his family and friends.

We also offer our sympathy to Kimberly and Shannon Miller on the passing of Kimberly's mother March 6th.

Dave Bohlinger, a former resident of Lakeside Terrace passed away March 5th. Our sympathy to Jan and their family.



May God be by your side...

May He bring you strenght, comfort and peace...

Happy Easter!



**March
Activities
Birthdays,
Resident dinner,
Ladies of Leisure
Luncheon,
Red Hats
Bowling league
sewbirds**



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